

How to Make a Survival Backpack

By Nat B.

Have you given any thought to making a personal survival backpack, what do you need in your survival kit, which are the best items to have, what is the best survival knife? Are you in an area where there are earthquakes, tornado, volcanoes, or civil unrest? What precautions and plans need to be made, just in case the unthinkable happens? These are all questions we need to ask ourselves when preparing to make our survival backpack. By making your own personal survival backpack you will be sure you have everything you need.

Personally, I preferred to buy a survival backpack and then I personalized it. I found it was less expensive in the long run with better quality items. I then added extra things I felt were needed. I found the best survival knife that was available, as so many kits don't include one and they can be used and are needed for many things.

Make a survival gear list, this way you will be sure to get a survival backpack with all the items you need, instead of ending up with items you may not need. This way you can arrange your backpack to include what you need and discard less useful items. Remember you may have to travel light, so whatever you take you will need to be sure you can carry it.

For instance if you live in a hot climate, you may not have much need for Mylar blankets or winter survival gear, however, you may want to add extra bug spray. On the other hand living in cold climates, an extra Mylar blanket, and warm water proof gear may be needed. Never forget no matter where you are keeping warm and dry is the key to survival.

One good way is to imagine several different scenarios to help you figure out what to add to your survival backpack... flu epidemic, rioting, economic collapse, natural disasters, in most cases you need to have a 72 hour kit. It would be good to have at least a 6 week plan, as the first 72 hours are critical, you need to be ready for the long haul, as it could take several weeks for things to get back to relative normality.

Sit back, close your eyes and mentally live through each of these scenarios, you will likely think of many items that you may not normally think of to add to your survival backpack. One great plus for buying a readymade kit, someone has already studied all situations and have the kits prepared for just such an occasion.

Basic survival gear list for 72 hours:

- 2 large garbage bags or a 10'x10' sheet of plastic
- 100' parachute cord
- Emergency Mylar blanket
- Small metal pot (for cooking)
- Jell-O with sugar (NOT NUTRASWEET)
- Lighter or waterproof matches

- 2 stout candles
- Best Survival Knife
- Whistle
- Compass
- Flashlight (small), with extra batteries
- Stocking cap
- Spare socks (double as mittens)

I highly recommend finding the best survival knife you can for your survival backpack as this can be used as a tool or weapon if necessary. The knife is a must have for any homemade survival backpack, as it is valuable in many survival situations.

Retrieved from <https://ezinearticles.com/?Survival-Tip:-How-to-Make-a-Survival-Backpack&id=8368305>