

DIY Home Heating Pad

1 Pair of Socks

1 1/2 cups of rice

- Pour rice into one of the socks.
- Tie a knot at the top of the sock.
- Put the sock with the rice in the other sock, knot side first.
- Tie end of outside sock.
- Put the heating pad in the microwave for 2-3 minutes. You will be surprised how long it will retain the heat.

